



# MUSSELMAN

## triathlon

For Immediate Release  
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### CANADA SWEEPS AS NEW COURSE RECORD SET AT THE MUSSELMAN TRIATHLON

**(GENEVA, NEW YORK)** Organizers of the fourth annual Musselman Triathlon, held July 15 2007 in Geneva, New York, today announced that the course record, set by Kane Malherbe at the very first Musselman in 2004, has been broken. This year's winner, Ian Young, of St. Catherine's, Ontario, Canada, 27, beat the previous record of 4:11:29, with a 4:06:06.

"He had a fast swim, and a fast bike, and we knew that the course record was in jeopardy," says race director Jeff Henderson. Henderson notes that Young is already a record-holder, with records on the swim at the Disney 70.3 and the St. Croix 70.3.

Phillipe Kozub garnered second place, coming in at 4:15:03, nearly nine minutes behind the race winner. Third place went to Christopher Martin, with a 4:15:08.

The women's race winner was Jennifer Koontz, 24, from Oakville, Ontario, Canada, coming in at 4:55:24. Julie Engelbrecht was second with a 4:58:02, and Julie Rosa took third with a 4:59:03 – both within four minutes of Koontz.

Complete Musselman results: <http://www.score-this.com/2007races/multisport/071507MusselMan.pdf>. Complete mini-Mussel results: <http://www.score-this.com/2007races/multisport/071407MiniMusse.pdf>.

This year the mini-Mussel was held on Saturday, to correspond with the International Triathlon Union Pan-American Cup Race. The "mini", a sprint-distance version of the half-Iron, continues to grow in popularity. "The race was full two weeks ago, and we still had would-be racers calling or emailing every day," says Henderson.

Matt Migonis, 26, from Cazenovia was the men's race winner, with a time of 1:03:23. The women's winner, Laurel Wasner, 31, from Hoboken, NJ finished with a time of 1:10:42.

Families continue to make the Musselman Triathlon a family event, and this year was no exception. The mini-Mussel women's winner, Laurel Wasner, is the twin sister of professional triathlete Rebeccah Wassner, who took sixth in the ITU Pan-American Cup the day before. On another family note, Heidi Grimm, 40, flew in from Colorado Springs to compete in the ITU Pan-American Cup race, taking fifteenth place in the women's race, while her father, Carl Grimm, 68, from Rochester, received first in his age-group: men's 65-69. A Rochester couple took second and fourth in the mini-Mussel as well: Mary Eggers finished second in the women's event, while her husband Doug Eggers took fourth in the men's.

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The fourth-annual Musselman Triathlon, a fundraiser for the Geneva Boys & Girls Clubs, was held July 14-15, 2007. Contact C. D. Henderson at 315-383-3333 or [pr@musselmantri.com](mailto:pr@musselmantri.com) for more information on this release. For more information on the Musselman Triathlon contact race director Jeff Henderson at [jeff@onemillionrevolutions.org](mailto:jeff@onemillionrevolutions.org) or 315-636-4268.

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