



MUSSELMAN

triathlon

For Immediate Release
Contact: C. D. Henderson
July 19, 2009

Ph: 1-800-915-6960
Email: pr@musselmantri.com

SIXTH ANNUAL MUSSELMAN TRIATHLON HELD IN GENEVA Manlius, Canandaigua, LaFayette, Rochester athletes among top award-winners.

(GENEVA, NEW YORK) Results are in for the sixth-annual Musselman Triathlon, a half-Iron Triathlon, as well as the mini-Mussel, the sprint version of the race, held over the weekend in Geneva, NY.

The Musselman Triathlon, held Sunday, saw a mixture of local and out-of-state athletes taking top spots.

In the men's race Jesse Vondracek, 28, of Durango, CO took first place with a time of 4:23:58. Philip Schmidt, 31, of Washington, DC came in second with a time of 4:27:58. Steven Back, 27, of Philadelphia, PA was third, clocking 4:29:03.

In the women's race Kristin White, 38, of Manlius, NY easily bested the competition, taking first place by nearly ten minutes, with a time of 4:44:36. Second place went to Anna Stauss, 42, of Duxbury, MA (4:54:22). Kathleen Hayden, 44, of Rochester, NY came in third at 4:58:16.

Musselman Triathlon – Men:

1. Jesse Vondracek, 28, Durango, CO: 4:23:58
2. Philip Schmidt, 31, Washington DC: 4:27:58
3. Steven Back, 27, Philadelphia: 4:29:03

Musselman Triathlon – Women:

1. Kristin White, 38, Manlius, NY: 4:44:36
2. Anna Stauss, 42, Duxbury, MA: 4:54:22
3. Kathleen Hayden, 44, Rochester, NY: 4:58:16

The mini-Mussel, held Saturday, saw a larger number of local participants taking part, in part because of the shorter distance of the race. Whereas the half-Iron saw athletes spread out, sometimes minutes apart, athletes in the mini-Mussel raced much closer together.

First place went to Kevin Crossman, 33, of So. Glens Falls, NY, with a time of 1:09:57. Dan O'Connell, 33, of Herndon, VA was second, coming in at 1:11:10. Third place went to Philip Schmidt, 31, of Washington, DC – the second place winner of the Musselman half-Iron race.

In the women's race Megan Newcomer, 29, of New York, NY took first, coming in at 1:17:42. Danielle Ohlson, 31, of Canandaigua, NY was second with a time of 1:20:43. Third place went to Julie Rosa, 35, of LaFayette, NY, clocking 1:21:25.

Mini-Mussel Triathlon – Men:

1. Kevin Crossman, 33, So. Glen's Falls, NY: 1:09:57
2. Dan O'Connell, 33, of Herndon, VA: 1:11:10,
3. Philip Schmidt, 31, of Washington, DC: 1:12:50

Mini-Mussel Triathlon – Women:

1. Meghan Newcomer, 29, of New York, NY: 1:17:42
2. Danielle Ohlson, 31, of Canandaigua, NY: 1:20:43
3. Julie Rosa, 35, of LaFayette, NY: 1:21:25

Schmidt, Back, Ohlson, and Rosa were each Double-Mussel athletes, taking part in both the mini-Mussel race on Saturday and the half-Iron race on Sunday. The category recognizes the extra stamina it takes to do both races, and provides a special award to the top Double-Mussel athlete. Schmidt took top honors for the men, and Rosa for the women.

Musselman triathlete winners took home custom-labeled bottles of wine from Chateau LaFayette Reneau, while Anthony Road Vinyards bottled special award bottles for athletes in the mini-Mussel. In addition, more than eighty athletes taking part in the race for the first time received a new, special 'novice' award: a bottle of wine from the Belhurst Winery, courtesy of second-year mini-Mussel triathlete Kevin Reeder.

Athletes described weather conditions this year as “nearly perfect”: temperatures nearing 70° and light winds made for a cool day on the course both days. Water temperatures were cooler than usual, the result of low temperatures in the spring and summer, and many triathletes chose to don wetsuits for the swim. Triathletes seemed particularly pleased by a new swim course, which eliminated the shallow shores of Seneca Lake for the deeper waters of the canal. Despite the zebra mussel being the race’s namesake, participants had found having their feet cut by the critters an unpleasant experience in years past, and the new swim course was designed with their suggestions in mind.

“We couldn’t have asked for a better weekend,” said race director Jeff Henderson. “The entire community came out in support of the triathlon, and it showed in the results: dozens upon dozens of compliments from visitors impressed with this race and the people who come out to support them in their quest to become Musselman and Musselwomen. I think I heard more promises to return next year than I’ve ever heard, and we’re already planning for Musselman 2010.”

Full race results are available in PDF format at www.score-this.com, or by clicking below:

Half-Iron

<http://score-this.com/2009races/tri/071909MusselmanResults.pdf>

mini-Mussel

<http://score-this.com/2009races/tri/071809MiniMusselResults.pdf>

###

The sixth-annual Musselman Triathlon, a fundraiser for the Geneva Boys & Girls Clubs, is an annual event held in Geneva, NY July 18th and 19th. Now in its sixth year, the event consists of the Musselman Triathlon, a half-Iron distance race, as well as the mini-Mussel sprint and MusselKids races. For more information on this release please contact public relations and media coordinator C. D. Henderson at pr@musselmantri.com or 1-800-915-6960.